



real food
garden

HarFest

a celebration of regenerative
food production

Saturday 9th September 2023
11am - 3pm

Entry £6.50, children under 16 go free

Join the activities

- Meet the growers
- Tour the farm
- Feed the animals
- Apple pressing & vegetable shy

Unique experiences

- Delicious lunch of Real Food Garden produce, brought to you especially by Bellamama Deli
- Beautiful, rooted tunes of folk artist Richard Trethewey

Book your tickets: rfg.harfest.eventbrite.co.uk

